



PENN FOUNDATION
BEHAVIORAL HEALTH SERVICES

Innovative Partnerships In Response to an Epidemic

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Heroin is an Opioid.

Opioids are drugs that act on the nervous system to relieve pain. Examples are:

- Vicodin
- Percocet
- Morphine
- Codeine
- Dilaudid
- Tylenol # 3
- Methadone
- Oxycontin
- Oxy IR
- Heroin

Opiate Abuse as a Public Health Crisis

Endemic: the amount of disease that is usually present in any given community or area.

Epidemic: refers to an increase, often sudden, in the number of cases of a disease above what is normally expected in that population in that area.

Pandemic: refers to an epidemic that has spread over several countries or continents, usually affecting a large number of people.

The Impact on Our State

Year	Deaths
2014	2,488
2015	3,505
2016	4,642
2017	5,200*

Pennsylvania Coroner's Report

** Estimated*

The Impact on Our Community

Year	Bucks County Deaths	Montgomery County Deaths
2014	205	158
2015	123	152
2016	168	249
2017	225*	230*

** Estimated*

Collaborations to Combat the Opioid Epidemic

- Collaboration with Bucks County Office of Children and Youth
- Warm Handoff Programs with local hospitals to connect opioid overdose survivors to treatment
- Center of Excellence Designation
- Penn Foundation has been designated an Aetna Institute of Quality[®] for Behavioral Health-Substance Abuse.
- Aetna's peer specialists assigned for members.

Collaboration with Bucks County Office of Children and Youth

- As the opioid crisis worsened, there was an emergent need for babies being born addicted.
- Formerly the focus was on the addicted newborn; this collaboration allows the parents' substance use needs to be addressed as well.
- Program started in 2015 to connect CYS involved families with substance use concerns to treatment with Penn Foundation.
- Current case load of 70 clients
- 73% of those who have been evaluated for drug and alcohol treatment.
- Partnership is being replicated in Montgomery County to provide the same services.

Collaboration with Bucks County Office of Children and Youth

CYS/Penn Foundation Outcomes:

- Open Clients – **70**
- Clients Evaluated – **51**
- Cases Since Program Implementation in Fall 2015 – **193**
- Cases of CAPTA babies – **82**
- Current Waitlist – **11**

Collaborations with local Emergency Departments

- In support of the DDAP protocol Penn Foundation has joined other providers to support the Warm Handoff Program.
- The Warm Handoff Program supports overdose survivors and their families following a hospitalization for overdose.
- This program can use special county funding to place overdose survivors from the hospital emergency room directly into treatment, removing all barriers for admission.
- Program utilizes Certified Recovery Specialists, who are themselves in recovery to connect with survivors from a place of empathy and compassion.
- For those not willing to engage in treatment, resource tool kits and harm reduction strategies are distributed.

Collaborations with local Emergency Departments

- *August 2017* Lansdale Abington Hospital
- *October 2017* Sellersville Grandview Hospital
- *February 2018* Quakertown St. Luke's Hospital

- 50 overdose referrals in the 6 month period since Penn Foundation started collaborative effort.

- Building relationships with nursing staff and other medical professionals to educate on addiction and remove stigma.

Center of Excellence

Penn Foundation has been named one of the Opioid Treatment Centers of Excellence in Pennsylvania.

The Center of Excellence is a *'health home'* for opioid users by providing integrated substance abuse, mental health, and physical health care to ensure individuals receive a holistic approach to treatment that promotes recovery.

To be eligible the individual must be an opioid user, funding through Medical Assistance or County funding and be a resident of Montgomery or Bucks County.

Center of Excellence's Clinical Vision

- Increase the use of medication assisted treatment
- Coordinate and educate clients and physical health providers about pain management, HIV/AIDS, Hepatitis C, TB, STD
- Overdose prevention
- Increased active length of stay of treatment
- Means of managing OP, new clientele, keeping the individuals in our community
- Increased outcomes of recovery

Center of Excellence's Services

- Connection with physical health providers to ensure that medical needs are met
- Coordinate with Children and Youth Services if they are involved
- Coordination with legal systems, probation and parole to ensure that legal concerns are being attended to
- On-Call Service with clinician available

Center of Excellence's Outcomes

- Since 2016 the Center of Excellence has provided services to 276 individuals in Montgomery and Bucks counties.
- The current list of active clients is over 250
- Cases are closed after a 1 year period when individual is stabilized in their recovery.
- To refer to COE, providers simply need to leave the name and contact information on Penn Foundation's Rapid Access Line **267-905-2145**

Aetna

- Penn Foundation's Recovery Center was designated an Aetna Institute of Quality®
- Aetna connects its members a peer specialist who uses their own experience in recovery to manage members cases.
- This extra support is not always available to individuals with commercial insurance policies and insulates them when their care is critical.